



The Glory of Shirdi Sai

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श्रद्धा

गुरुब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः ।
गुरुः शाक्षात् परब्रह्म तस्मै श्रीगुरवे नमः॥

सबुरी

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Sai a Beacon for Humanity

EXPERIENCES OF SAI BA.NI.SA WITH SHIRDI SAI - 18

I am sure that all Sai devotees can recall how Bhimaji Patil got cured of his ailment (Tuberculosis) and escaped from the clutches of death due to the divine grace of SAI. It is well depicted in the 13th chapter of Sai Satcharitra. I would like to narrate how Sai saved me from a most feared disease.

It was on 20th April 1996, the Sunday morning hours while engaged in watering of plants in our Kitchen garden, and I felt terrible pain in my chest with lot of perspiration. I approached our family Doctor Dr.R.A.Rao who immediately diagnosed it as Heart attack, administered sorbitral to be kept under my tongue and advised me to be immediately moved to CDR Hospitals for specialized care. As arrangements were being made to shift me to the Hospital, I prayed and opened up a page in Sai Satcharitra. The message given was from the 15th chapter and read as follows: " He who respectfully reads this chapter or studies it daily will get all his miseries removed by the grace of Sadhguru Sai Baba". I gathered courage that Lord Sainath will definitely save me and vowed to continue parayan of 15th chapter regularly on my returning home after full recovery. I was moved to Hospital with the help of my friends in an Auto and I was feeling discomfort in breathing as I was being shifted on to a stretcher. Even in that stage my attention was drawn to the Medical hall opposite to the main entrance - "SAI SHAKTI MEDICAL HALL" with photograph of Sai in blessing. My faith and confidence level in positive recovery increased. A costly injection was given to me after I was made to rest in ICCU. On 28-04-1996 I was taken for ANGIO GRAM TEST and the test confirmed that three of my Arteries were blocked to 90% and two more Arteries to the extent of 30%. Decision to perform bypass surgery was taken by a team of attending experts. As usual I prayed upon Sai on the night of 01-05-1996 and sought his advice as it involves a considerable expenditure, time taking and with success not 100% guaranteed. Sai appeared to me in my dream and uttered - " thieves have joined in your street, you better call the Police in day time and get them driven out ". This type of message may appear strange to the readers but I could decode correctly as it meant to me, that three of my Arteries are, blocked and I must undergo Surgery only during day time and overcome the present crisis. I have talked to the team of Specialists and I was posted to get operated on 16-05-1996 (Thursday) at 14:00 hrs.

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Sri Guru Charitra



*Japtha nama
susanthusta
Hari-
prathyaksha
bhavithaya
Namaha*

**Sai Bhakti
Radio**



By Shri S.N.Huddar

(As published in Sri Sai Leela English Monthly Magazine
from April 1975 onwards)

*Gurur Brahma, Gurur Vishnu, Gurur Devo Maheshwara
Guru Sakshat Parabrahmah Tasmai Shree Gurave Namah*

Chapter XXXV

Kach-Devayani

The young wife asked Shri Guru, 'What is our future? How should I live hereafter? Please favor me with a mantra'

Shri Guru said, 'A wife should serve her husband devotedly. She needs no other advice or mantra. If a mantra is given to a woman some calamity falls. This is evident from the tale of Kach-Devayani.

'In olden days the gods and demons were often at war. Shukracharya, the Guru of the demons, would recite Mrityunjaya mantra and the dead demons would be made alive. Therefore it was rather difficult for the gods to win the war. Indra, the king of the gods went to Shri Shankar and told him this fact. Shri Shankar was very angry and he asked to call Shukra. Nandi, Shri Shiva's bull, went to Shukra, who was in meditation at that time. Nandi therefore held him in his mouth and brought him to Shri Shankar. Shri Shankar at once devoured him. After some days, Shukra came out of the body of Shri Shankar through his urine. He again started reciting Mrityunjaya mantra and brought the demons to life.

Indra told Brihaspati, Guru of Gods, about Amrit Sanjeevini mantra of Shukracharya and said, 'The guru of the demons makes them alive with the help of this mantra. You being the Guru of the gods why should you not protect the gods?'

Brihaspati said, 'If Sanjeevini mantra is heard by six ears, it will lose its importance. So it would be better to send someone as a pupil to learn the mantra from Shukracharya. Let my son Kacha be sent to him. He will learn the mantra and return.'

Kacha took leave of the gods and came to Shukracharya. He bowed to him and stood before him. Shukracharya inquired who he was and why he had come to him. Kacha replied 'I am a Brahmin-Kumar. Hearing your fame, I have come to learn at your feet. Shukracharya's only daughter Devayani was standing by her father. She liked the Brahmin youth and requested her father, Shukracharya to accept him as his pupil. Shukracharya agreed and Kacha started staying with him.

Will continue...



Excerpts from Sai Leela

LORD SHIVA~ *Saileela Jan-Feb 2004*

Lord Shiva is the third member of the Hindu Trinity representing Godhead in its aspect of annihilator, in charge of the 'constructive – destruction' in the continuous process of creation, preservation, destruction and re-creation or transformation. The divine consort of Lord Shiva i.e. Goddess Uma or Goddess Parvati, is the shakti or power, the kinetic energy that supplies the energy to static Lord Shiva.

Lord Shiva is said to be seated in deep meditation on the top-most point of the world on mount Kailas in the Himalayas, facing the south. In this aspect, he is known as Dakshinamoorti 'the auspicious God facing the south', the embodiment and dispenser of the supreme knowledge. His posture symbolises perfect inner harmony and poise, experienced by a man of realisation. He is rooted in God-consciousness. He maintains perfect serenity, equanimity and tranquility in all environments and circumstances. Meditation is the final gateway to self-realisation. The snow-white background symbolises the absolute purity of mind. In the sattvic state when the mind is absolutely pure and steady you recognise your supreme self. That is the state of Lord Shiva in Kailas.

Eyes are half-closed signify that his mind is absorbed in the inner self, while his body is engaged in the outer world. One aspect of his personality is ever-rooted in God-consciousness, while the other is dealing with his worldly duties and responsibilities.

—will continue

Continued from page 1

However on 16 May 1996, till 17:00hrs the team of Doctors has not turned up. At 18:00hrs a group of Assistants started making preparations for the Surgery anticipating to take place. The inner thinking process of mine was cautioning me that surgery performed in the night Hours may not be 100 % successful. I requested Sai to save from the present predicament. Before entering the Operation Theatre I wrote the following words. "I am going to fight with death and if I return alive the success goes to Sai. I was being readied for the, surgery with all the gadgets and equipment attached properly as per their procedure. In the heart of hearts I was praying that this night's surgery should not take place and was resting helplessly lying on the operation table. Mean while the Telephone in the Operation Theatre gave a ring. One of the assisting Doctors attended the call and Theatre Nurse announced the information that chief Surgeon Dr.Prasada Rao will not be available this evening due to unforeseen circumstances. Accordingly the Surgery stands cancelled and patient is posted to be operated the next day morning i.e. 17-05-1996. My joy knew no bounds and was sure that Sai alone has performed this miraculous act of organizing the postponement. operation commenced at 09:00 AM on the next day and completed by 16:00hrs in the evening. I was shifted to the, critical postoperative care unit for observation and none was allowed to see me. Later I understood that my wife, children and well-wishers were eagerly waiting to see me. I regained consciousness the next day morning by 08:00 AM and the first person I saw was DR.BRAHMAIAH, the Anesthetist. I could see SAI in him and greeted him traditionally with folded hands. He bent over me while asking me as to whom I would like to see first. I expressed that I wanted to see SAI first and a little later I saw my wife showing me a photograph of Sai in gentle smile, with tearful eyes. The typical gentle smile of Sai alone has given me the strength and courage, to be in front of you and granted me an opportunity to serve you all and read the 15 th chapter regularly.





*Junajalpa
manadhruithya
-japa-sidhdha
maha
dhyuthaye*

Namaha



Please enjoy the talk
given by [Saibanisa ji](#)
in Telugu

Sri Vishnu SahasraNaamam

VISHNU SAHASRANAMA STOTRAM

a-kruraH pesalo daksho dakshinah kshaminam-varah |
uttarano dushkrti-ha punyo duh-svapna-nasanah |
vira-ha rakshanah santo jivanah paryavasthitah ||99||

uttaranah - om uttaranaya namah.

He Who lifts up.

dushkrti-ha - om dushkrti-ghne namah.

- He Who slays the evil-doers.
- He Who destroys the sins of those who surrender to Him.

punyah - om punyaya namah.

The Purifier.

dus_svapna-nasanah - om dus-svapna-nasanaya namah.

The Remover of evil dreams.

vira-ha - om vira-ghne namah.

He Who destroyed the powerful bonds that tied Gajendra to death.

rakshanah - om rakshanaya namah.

The Savior.

santah - om santaya namah.

- He Who makes those who have sought refuge in Him prosper.
- He Who exists for His devotees.
- He Who bestows the desired benefits on His devotees.
- He Who manifests Himself in the form of holy men.
- He Who is present everywhere and permeates everything.
- He Who is worshipped.
- He Who expands the world in a controlled way.

jivanah - om jivanaya namah.

The Life-Giver.

paryavasthitah - om paryavasthitaya namah.

He Who stands beside.

AN ANTHOLOGY OF PRAYERS AND PRECEPTS

Compiled by **B.S. NARAYANAMURTHY B.A**

"O BABA ! THOU ART EVER SOLICITOUS OF MY WELFARE "

O Baba! Thou art ever solicitous of my welfare,
 Thou art ever granting me all that is good for me
 In this world and the next;
 Thou art all-pervasive, compassionate
 And fully conscious of my needs;
 Hence, What is there for me to ask Thee!
 I just take refuge in Thee.
 O Saint of Shirdi! By Thy grace
 My ignorance has been dispelled,
 And blissful divine knowledge
 Has entered my mind;
 I will henceforth meditate incessantly
 on Thy Lotus-feet
 And surrender myself to Thee.





Microsoft

GITA FOR
CHILDREN

GITA FOR CHILDREN ~ Continued



narrow sense.’

“I would now like to tell you something about Meditation, especially because Yogis are supposed to be lost in Meditation for long spells of time. The word Meditation is greatly misunderstood, besides being interpreted in a

‘To begin with, I should mention that the text-book Sannyasi or Yogi, call him what you will, is one who has lived with himself and for God for years and years. He has not only practised austerities but has gone through a long and elaborate routine of self-discipline, involving many and progressive stages. It is like going up a ladder. Yogic Meditation is the top of the ladder.’

‘I won’t go into all those details now, but I should call your attention to three stages involved. They are: Concentration, Contemplation, and Meditation.’

‘Concentration is something very common. Anybody who is serious about what he is doing necessarily concentrates a lot. You, for example, would totally concentrate on the target before shooting an arrow. Well, that is concentration.’

‘Concentration is an activity of the brain or the lower Mind. With some practice, anyone can easily learn to concentrate. In fact, concentration is a must for all students.’

‘After concentration comes contemplation. This is a higher activity of the Mind. Let us say a teacher has taught a lesson about plants. Later when the student is revising the lesson, he could contemplate and wonder:

“How can the plant grow up without a father and mother? Or, are there an invisible father and an invisible mother? When I feel hungry I ask my mother for food. Which mother gives food and water to the plant? Why has God made the plant so different? Incidentally, why has God created plants?” That is contemplation.’

‘Coming now to Meditation, in simple terms it means filling the Mind with God. When you contemplate, you start thinking of higher things. Going back to the case of the plant, Meditation means thinking, “God, how beautiful are the plants and the trees! Oh Krishna, when You were young, You used to rest under trees. How I wish I was one of those! I could have had Your Darshan for long periods of time!! Krishna, why don’t You become a tree and make me a creeper twining round You?”’

‘Another example. You go to your garden to pluck a rose for God. When you pluck the flower, you must concentrate; otherwise you would get hurt by the thorns. Once you have plucked the flower, you hold it in your hands and admire its beauty and freshness. That is contemplation. You then say, “God, this flower I am offering to You.” That is Meditation.’

‘In simple terms, Meditation is nothing but remembrance of the Lord. You can go about your normal household work, chanting My Name all the time – that also is Meditation. People do not realise this and imagine that Meditation perforce involves sitting in a Yogic pose, closing your eyes and all that. That is only ONE way of meditating!

● There are actually many ways to meditate and the bottom line in all cases is remembrance of the Lord. That really is the important point.’

‘Arjuna, people are made differently and have a differing attitudes and aptitudes. Take running for example. Some can run very fast but only over a short distance. Others have stamina and can run not very fast but over long distances. The long distance runner cannot do what the sprinter does and vice versa.’

‘You can see this in your own family. Your brother Bhima is hefty and therefore the mace is the ideal weapon for him; but for you, it is the bow and the arrow. In the same way, where Meditation is concerned, people can adopt different techniques best suited to them. It is not the procedure but the SPIRIT in which Meditation is done that is important.’

—will continue





*Japapreritha
bhakthaya*

Namaha

Sri Sai Satcharita

Saibaba-The Invocation of the Divine

When the mind becomes totally devoid of conceit, so that it is no longer the doer of action nor the enjoyer of the fruit of action, it is then that it surrenders everything to God.

Performing action or karma in this spirit leads effortlessly to freedom from all action. Karma can never be given up totally by anyone. But what can be given up, is the conceit of being the doer of action.

A thorn can be removed only by a thorn. So also can karma be ended only by karma. With the realization of the Self, karma will be overcome completely.

Cessation of desire for the fruit of action, is the secret of the renunciation of desire for the fruit of action. Performance of the routine and specially prescribed religious rites and rituals is called the, 'law of pure conduct'.

To offer all karma at the feet of God; to forget, for a moment, everything, making your mind totally detached; -- these, very different characteristics, mark the devotion described by Narad muni.

Such are the many characteristics, one stranger than the other. But, as for ourselves, let us cross the ocean of worldly life, safely and quite untouched by its turbulent waters, only by a constant remembrance of the story of our Guru's life.

I too, developed a fondness and passion for listening to the story of the Guru, and was deeply engrossed in this pursuit. So that, I thought, I should also write a book about these numerous stories of actual experience and doubtless veracity.

It so came to pass, that once, while in Shirdi, I had gone to the mosque for Baba's darshan, when I saw, to my utter amazement, Baba grinding wheat.

But let me first tell you (of your gains in listening to) this story. Listen at your ease. And then, listen to how the idea of writing Sai's 'Life' was conceived from the above incident.

..Will Continue



Durga Suktam:

*Taam-Agni-Varnnaam Tapasaa Jvalantiim Vairocaniim Karma-Phallessu Jussttaam |
Durgaam Devi[ngu]m-Sharannam-Aham Prapadye Su-Tarasi Tarase Namah ||2||*

Meaning:

(We offer our oblations to the Fire of Durga to cross over this very difficult ocean of worldly existence)

2.1: To Her, Who is of the colour of Fire (Agni Varna) and blazing with Tapas (Tapasa Jwalantim); Who was born of that Fire (of Tapas) (Vairochinim), and Who is worshipped through Fruits of Actions (Karma Phalas) (offered to Her Fire as oblations),

2.2: To that Durga, to that Devi, I take Refuge (Sharanam Aham) by falling at Her Feet (Prapadye); (O Mother Durga, I Prostrate before You) Please ferry me mercifully (over this Ocean of the World full of great Difficulties and Perils)

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BOW TO SHRI SAI ~ PEACE BE TO ALL

